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| Posiłek | Poniedziałek | Wtorek | Środa | Czwartek | Piątek | Sobota | Niedziela |
| Śniadanie |  |  |  |  |  |  |  |
| Obiad |  |  |  |  |  |  |  |
| Kolacja |  |  |  |  |  |  |  |



Składniki do kupienia

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